



QUO VADIS LITE – WELCOME
An Easy Meeting

Based on the extended half-day workshop, “Quo Vadis – Where Are You Going?...The Next Step,” Quo Vadis Lite offers Affiliate chapters a format that can be utilized during an ordinary chapter meeting.



Mexico

The exercises assist individuals in reflecting on cross-cultural immersion experiences they may have had recently or a long time ago—not just international, but also socio-economic, ethnic, or religious encounters within their own country. Affiliate chapters can take advantage of Quo Vadis Lite to remember why many of us became Affiliates.



Namibia

Karibu* – Come on In

*Come - move your feet,
 Take that step
 subdue that fear of being
 different uncomfortable vulnerable.
 Being a stranger goes both ways –
 through the threshold of this hut/home
 new worlds open
 for you
 for them.
 Karibu calls -
 what do you hear?
 what do you do?*

**a Swahili greeting of welcome in East Africa*

The above poem reflects on the poet’s experience of being welcomed in Tanzania, East Africa. Let’s reflect on our experiences of being welcomed.

Exercise #1: How welcome did you feel? [27 min.]

- Take some time to think about the poem and your welcoming experience(s). [2 min.]
- Gather in groups of three. Using the poem, Karibu, as a starting point, discuss your individual experience of welcoming: what in the host culture made you feel comfortable? What made you uncomfortable? [15 min.]
- Individuals are invited to share what they spoke about with the larger group. [10 min.]



Thailand



Tanzania

Exercise #2 – What surprised you? [6 min.]

Speaking with a person next to you, share with each other one thing that embarrassed, shocked, or surprised when you first arrived in your immersion community. Don't forget about the expectations you had when you came. Then share with the person on your other side.



Haiti

Exercise #3 – Scripture/Faith Sharing [15 min.]

Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in brotherly love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with God's people who are in need. look for opportunities to be hospitable. – Romans 12:9-13

- What do you think is the significance of hospitality in the Christian tradition?
- Are you aware of the role of hospitality in the Jewish and or Islamic traditions?
- How does hospitality manifest itself in your Affiliate chapter?

Closing Prayer – Litany of Desire [15 min.]

Who needs your hospitality? How can you show that caring?

- Spend five minutes in silent meditation on these questions.
- Individuals are invited to mention one person or group who needs hospitality and one way they could be welcomed.
- Recite together the **Prayer of St. Francis**:

Lord, make me an instrument of your peace.
 Where there is hatred, let me sow love.
 Where there is injury, pardon.
 Where there is doubt, faith.
 Where there is despair, hope.
 Where there is darkness, light.
 And where there is sadness, joy.

O Divine Master, let me not seek so much
 to be consoled as to console,
 to be understood as to understand,
 to be loved as to love.

For it is in giving that we receive,
 it is in pardoning that we are pardoned,
 and it is in dying that we are born to eternal life.



Tanzania